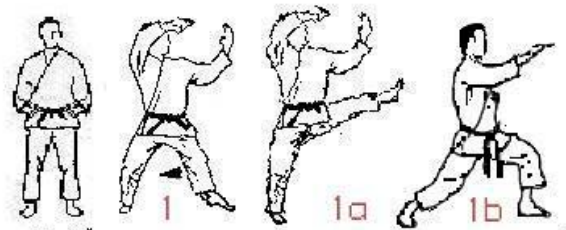
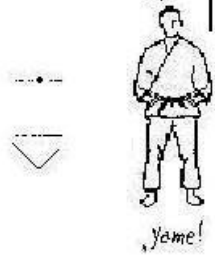
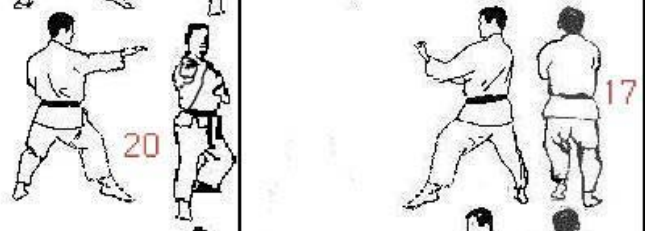
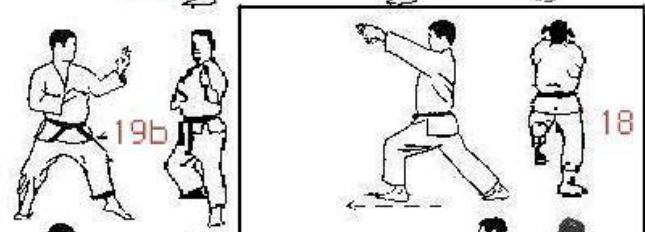


Shinzen Karate

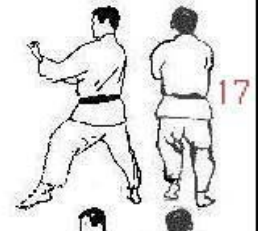
Pinan-Sono-Yon



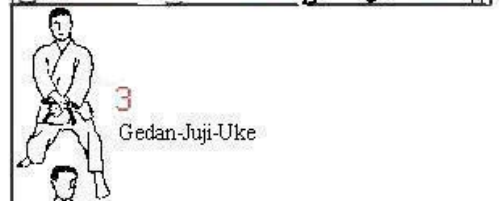
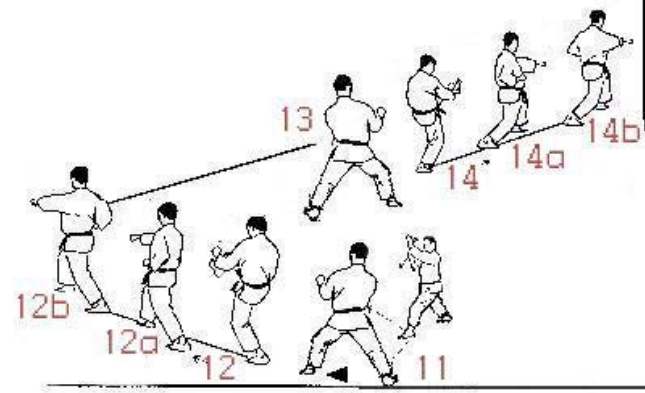
Yoi!



Yame!



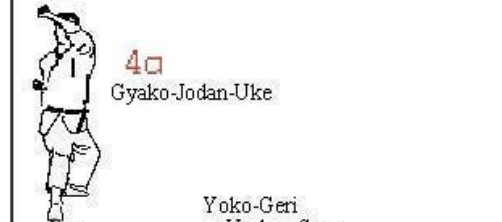
Morote-Uchi-Uke



Gedan-Juji-Uke



Morote-Uchi-Uke



Gyako-Jodan-Uke



Yoko-Geri u. Uraken-Sayu

